

# Level 3 Diploma in Health and Social Care

**Guidance for Learners** 

December 2016

All course materials, including lecture notes and other additional materials related to your course and provided to you, whether electronically or in hard copy, as part of your study, are the property of (or licensed to) QUALIFI Ltd and MUST not be distributed, sold, published, made available to others or copied other than for your personal study use unless you have gained written permission to do so from QUALIFI Ltd. This applies to the materials in their entirety and to any part of the materials.

# **About QUALIFI**

#### **Quality: The Assurance of Recognition and Rigorous Quality Standards**

At the heart of QUALIFI's commitment to the creation and awarding of respected Qualifications is a rigorous focus on high standards and consistency, beginning with recognition as an Awarding Organisation (AO). QUALIFI is approved and regulated by Ofqual (in full). Our Ofqual reference number is RN5160.

Ofqual is responsible for maintaining standards and confidence in a wide range of vocational qualifications. QUALIFI are also recognised by the Qualifications in Wales (QiW) and the CCEA who are responsible for awarding organisations and the quality assurance in both Wales and Northern Ireland. QUALIFI is also a signatory to BIS international commitments of quality.

As an Ofqual recognised awarding organisation, QUALIFI has a duty of care to implement good quality assurance processes. This is to ensure that centres that are approved for the delivery and assessment of QUALIFI's qualifications and awards. It will also safeguard the outcome of assessments and meet the national regulatory requirements.

QUALIFI's qualifications are developed as being accessible to all learners in that they are available to anyone who can attain the required standard. QUALIFI promotes equality and diversity across aspects of the qualification process and centres are required to implement the same standards of equal opportunities and the learner is free from any barriers that may restrict access and progression.

QUALIFI's policy document for learners with specific requirements or who need special consideration are available for centre reference. Centres are responsible for reviewing the applicant's ability to successfully complete the training programme and ultimately achieve a qualification. The initial assessment by the centre, will need to consider the support that is readily available or can be made available to meet individual needs as appropriate. The centre must also consider prior learning and qualifications and they must be able to make a judgement on the learners' entry requirements.

#### Relevance

QUALIFI works with a growing number of sector skills councils, professional associations and employers to identify mission-critical learning requirements and assess outcomes of programmes to achieve a consistent and recognised professional and academic standards.

We have built a reputation for supporting relevant skills in a range of job roles and industries including Leadership, Enterprise and Management, Hospitality and Catering, Health and Social Care, Business Process Outsourcing and Public Services. Our portfolio includes nationally recognised Qualifications as well as bespoke Qualifications.

#### **Accessible**

The result is a growing number of UK and internationally recognised Qualifications that reflect workforce and professional areas of needed competency.

We support our Approved Learning Centres with flexible approaches to learning assessment through classroom based study, blended learning and distance learning programmes. Our goal is to support learners by giving them access to current and relevant education and Qualifications that support their career aspirations. Learn more about online learning.

The world is changing and QUALIFI has the innovative spirit and commitment to learners to change with it while maintaining high standards of integrity and credibility.

#### **Ambition**

Our ambition is "To enable all individuals to realise their true potential by achieving success through learning."

#### **Student Commitment**

This represents a clear statement of QUALIFI Ltd and its partners' intentions to deliver agreed standards for a range of academic and administrative services. It spells out what is expected of you as a student and the contribution that can be made to gain the most benefit from your study time through our courses. Students play an important part in the process of improving the quality of this course through the feedback they give. In addition to the ongoing discussion with the course team throughout the year, there are a range of mechanisms for students to feedback about the experience of teaching and learning.

Students will get the best out of their study time with QUALIFI centres if you are encouraged to:

- Prepare for classes and attending punctually
- Complete work to the best of their ability and submitting it on time
- Not committing plagiarism
- Keeping up to date with course information through email or other channels
- · Using the feedback opportunities given to improve subsequent work
- Making appropriate use of teaching staff's time
- Taking responsibility for personal development planning and skills development
- Treating staff, fellow learners and neighbours in the local community with respect at all times

#### **Supporting Diversity**

QUALIFI Ltd and its partners recognise and value individual difference and have a public duty to promote equality and remove discrimination in relation to race, gender, disability, religion or belief, sexual orientation and age.

# **Contents**

Contents	4
1 Introduction	
1.1 Why Choose QUALIFI Qualifications?	5
1.2 Employer Support for the Qualification Development	6
1.3 Qualification titles and codes	6
1.4 Awarding institution	6
2 Programme purpose	6
2.1 Reasons for the Qualification	6
2.2 Rationale, aims and learning outcomes of the course	7
2.3 Aims of the Certificate and Diplomas	7
2.4 Learning Outcomes of the Diploma	8
3. Delivering the qualifications	8
3.1 Quality Assurance Arrangements	8
3.2 Access to study	9
3.3 Entry criteria	9
4 Structure of the Qualifications	10
4.1 Units, credits and Total Qualification Time (TQT)	10
4.2 Qualification structures	11
4.3 Progression and links to other QUALIFI programmes	12
4.4 University exemptions and progression	12
4.5 Recognition of Prior Learning	12
5 Equality and Diversity	13
10. Further professional development and training	14
Appendices	15
Appendix 1: Unit Descriptors	15
Unit HSC301: An introduction to Health and Social Care	15
Unit HSC302: Communication for Health and Social Care	18
Unit HSC303: Promoting Health in the Population	21
Unit HSC304: Person-Centred Care	24
Unit HSC305: Understanding Diabetes Care	27
Unit HSC306: Understanding Stroke Care	30
Unit HSC307: Understanding Dementia Care	33
Appendix 2: A Guide to Essay Writing	36

# 1 Introduction

# 1.1 Why Choose QUALIFI Qualifications?

This suite of Qualifications provides a realistic and broad opportunity for Learners seeking career and professional development. They will support Learners in realising their potential and by association the prospects of the organisations they work with or for.

The objectives of this Qualification is to:

- provide career path support to Learners who wish to develop their care and career opportunities in their chosen sector;
- improve understanding of the health and social care environment, organisations and how they are managed and developed; and
- develop skills and abilities in Learners to support their professional development.

The Qualification provides a rich mix of disciplines and skills development opportunities. Learners will gain insight into the functioning, objectives and processes of organisations, appreciating their diversity and the influences and impact of external forces on them. The fast changing and complex health and social care environment and different organisation's ability to stay resilient and respond positively to change and opportunities will be explored.

Management of a range of health and social care operations and functions and challenges for organisations will introduce Learners to theory, practice and models that will provide valuable knowledge and know-how.

The issues and concepts dealt with as part of this suite of Qualifications are best explored through exposure to organisations, for any full-time Learners work placements are encouraged so that genuine experience and insight can be gained. Problem solving and creativity are attributes encouraged and developed in Learners through all the Units.

The Qualifications will develop the Learner's ability to:

- apply analytical and evaluative techniques and to enhance those skills;
- investigate issues and opportunities;
- develop their awareness and appreciation of managerial, organisational and environmental issues;
- make use of relevant information from different sources;
- develop and encourage problem solving and creativity to tackle problems and challenges;
- exercise judgement, own and take responsibility for decisions and actions; and
- develop the ability to recognise and reflect on personal learning and improve their personal, social and other transferable skills.

## 1.2 Employer Support for the Qualification Development

The development of this Qualification has been initiated and guided by discussions and idea sharing with a range of employers, providers and existing centres demonstrating the rigour, validity and demand for the Qualification.

Discussions and feedback has been taken during the duration of the development of the Qualification on content, the potential Learner audience for the Qualification and assessment methods ensuring a valuable experience and recognised set of skills, knowledge and understanding are realised.

#### 1.3 Qualification titles and codes

The Qualification has been accredited to the Regulated Qualification Framework (RQF) and each Qualification has its own unique Qualification Accreditation Number (QAN). This number will appear on the learner's final certification document. Each unit with the Qualification has its own RQF code. The QAN for these Qualification are as follows:

Qualifi Level 3 Diploma in Health and Social Care (603/0819/9)

# 1.4 Awarding institution

**QUALIFI LTD** 

# 2 Programme purpose

#### 2.1 Reasons for the Qualification

The Qualification has been created to develop and reward the health and social care workers of today and the future, and to continue to bring recognition and professionalism to the health and social care sector.

We hope that centres and learners take the opportunity to learn a great deal from this programme that will provide relevant new skills and qualities.

It is envisaged that this programme will encourage both academic and professional development so that your learners move forward to realise not just their own potential but also that of organisations across a broad range of sectors.

The Diploma is accredited at Level 3 with a total equivalence of 60 credits. It is envisaged that learners completing the Level 3 Diploma will progress to the QUALIFI Level 4 Certificate in Health and Social Care.

#### 2.2 Rationale, aims and learning outcomes of the course

The rationale of the programme is to provide a career path for learners who wish to develop their care capabilities within the health and social care sector. The outcome of the Diploma, which is a recognised UK Qualification, is for learners to develop the skills required by organisations globally.

All QUALIFI programmes create learning that advances the thought leadership of organisations, offering conceptual and practical insights that are applicable in the companies of today and tomorrow.

Furthermore, we look to develop the team leaders, managers and leaders of the future through the creation and delivery of learning appropriate for industry.

The qualification will:

- prepare students for employment; and
- support a range of roles in the workplace.

The qualification provides a specialist work-related programme of study that provides breadth and depth of knowledge and understanding, along with practical skills required in the health and social care sector. It also allows specialist development through the optional units.

The qualification will help to prepare professional staff and managers of the future in the health and social care sector. The qualification provides a generic core of mandatory units that apply to all health and social care contexts; and allows students to select specialisms in the Optional units.

The qualifications are suitable for part-time learners in the workplace but equally appropriate for full-time learners who can also participate in formal work placements or part-time employment. Learners can progress into or within employment in the health and social care sector, either directly on achievement of the awards or following further study to QUALIFI Level 4 Certificate in Health and Social Care degree level.

# 2.3 Aims of the Certificate and Diplomas

The programmes offered provide the opportunity for individuals to forge a career in health and social care by seeking a greater knowledge and understanding industry, and to support the individual's development into senior positions. The course aims for the following:

1. To equip individuals with the knowledge, understanding and skills required for success in employment in the health and social care sector

- 2. To enable progression to the first year of a degree or related professional qualification
- 3. To provide specialist study relevant to individual vocations and environments in which learners are currently working, or to which learners are aiming to work within the health and/or social care sector
- 4. To develop learners' ability to contribute positively to good practice in the health and social care environment through effective use and combination of the knowledge and skills gained in the qualifications
- 5. To develop skills and techniques, personal qualities and attributes essential for successful performance in working life and thereby enabling learners to make an immediate contribution to employment.

# 2.4 Learning Outcomes of the Diploma

Students studying for the Certificate and Diploma in Health and Social Care will be expected to develop the following skills during the programme of study:

- 1. The ability to read and use appropriate literature with a full and critical understanding the ability to think independently and solve problems
- 2. Applying subject knowledge and understanding to address familiar and unfamiliar problems
- 3. Recognising the moral and ethical issues of health and social care practice and research; appreciating the need for ethical standards and professional codes of conduct
- 4. An appreciation of the interdisciplinary nature of health and social care service provision
- 5. Capacity to give a clear and accurate account of a subject, in a mature way and engage in debate and dialogue both with specialists and non-specialists.
- 6. To develop transferable skills and knowledge which will enable individuals to meet changing
- 7. To motivate individuals to progress to further professional development through future study or as part of their chosen career.

These are the overall learning outcomes in line with a level 3 qualification. The learning outcomes for each of the units are identified in Appendix 1 within the descriptors.

# 3. Delivering the qualifications

# 3.1 Quality Assurance Arrangements

All centres go through an approval process to be recognised as an approved centre. Centres must have in place qualified and experienced tutors. The experience of tutors and their ability to support Learners will be important. Centres must commit to working with QUALIFI and its team of Quality Reviewers/External Verifiers. Continuing professional development (CPD) for tutors is also required.

Approved Centres will be monitored by QUALIFI External Quality Reviewers (EQAs) to ensure that Learners are provided with appropriate learning opportunities and guidance. EQA's will ask to see and discuss a Centre's formative assessment plans. The suitability of plans will be agreed with the Centre.

QUALIFI's guidance on invigilation, preventing plagiarism and collusion will apply to centres. QUALIFI Quality Reviewers/External Verifiers will monitor Centre's compliance. For assessment purposes QUALIFI can:

- appoints assignment setters, markers and moderators;
- sets and agrees assignments;
- marks and moderate's assignments;
- agrees the final mark and issues certificates.

QUALIFI's 'Handbook on Guidance and Requirements for Assessment and Marking' will apply to its assignment setters, markers and moderators.

# 3.2 Access to study

All students should be invited to an induction event to be introduced to the programme in detail through presentations and discussions with lecturers and the centre support team.

All students should be issued with the diploma handbook, a timetable and meet with their personal tutor and fellow students. Centres should assess students carefully to ensure that they take the right Qualification and the right pathways or optional units, to allow them to progress to the next stage.

Centres should check the Qualification structures and unit combinations carefully when advising students. Centres will need to ensure that students have access to a full range of information, advice and guidance in order to support them in making the necessary Qualification and unit choices. When students are recruited, you need to give them accurate information on the title and focus of the Qualification for which they are studying.

All students must be registered with QUALIFI within 30 days of centre registration.

#### 3.3 Entry criteria

#### **QUALIFI Level 3 Diploma in Health and Social Care:**

The Qualifications have been designed to be accessible without artificial barriers that restrict access and progression. Entry to the Qualifications will be through centre interview and the candidates will be expected to hold the following:

Learners who possess Qualifications at Level 2 and/or;

- Learners who have work experience in the health and social care sector and demonstrate ambition with clear career goals;
- Learners who possess a level 3 qualification in another discipline and want to develop their careers in health and social care.

In certain circumstances, students with considerable experience but no formal Qualifications may be considered, subject to interview and being able to demonstrate their ability to cope with the demands of the programme.

In the case of applicants whose first language is not English, then IELTS 5 (or equivalent) is required. International Qualifications will be checked for appropriate matriculation to UK Higher Education post-graduate programmes. The applicants are normally required to produce two supporting references, at least one of which should preferably be Academic.

# 4 Structure of the Qualifications

# 4.1 Units, credits and Total Qualification Time (TQT)

The QUALIFI Diploma in Health and Social Care is a Level 3 Qualification made up of 60 credits.

All units are 10 credits in value. These units have been designed from a learning time perspective, and are expressed in terms of **Total Qualification Time (TQT)**. TQT is an estimate of the total amount of time that could reasonably be expected to be required for a student to achieve and demonstrate the achievement of the level of attainment necessary for the award of a Qualification. TQT includes undertaking each of the activities of Guided Learning, Directed Learning and Invigilated Assessment. Each 10-credit unit approximates to a TQT of 100 hours incorporating 50 hours of GLH.

Examples of activities which can contribute to Total Qualification Time include:

- Guided Learning
- Independent and unsupervised research/learning
- Unsupervised compilation of a portfolio of work experience
- Unsupervised e-learning
- Unsupervised e-assessment
- Unsupervised coursework
- Watching a pre-recorded podcast or webinar
- Unsupervised work-based learning.

Guided Learning Hours (GLH) are defined as the time when a tutor is present to give specific guidance towards the learning aim being studied on a programme. This definition includes lectures, tutorials and supervised study in, for example, open learning centres and learning workshops. Guided Learning includes any supervised assessment activity; this includes invigilated examination and observed assessment and observed work-based practice.

Some examples of activities which can contribute to Guided Learning include:

- Classroom-based learning supervised by a tutor
- Work-based learning supervised by a tutor
- Live webinar or telephone tutorial with a tutor in real time
- E-learning supervised by a tutor in real time
- All forms of assessment which take place under the immediate guidance or supervision of a tutor or other appropriate provider of education or training, including where the assessment is competence-based and may be turned into a learning opportunity.

# 4.2 Qualification structures

There are mandatory and optional units for this Qualification. All units cover a number of topics relating to learning outcomes. Each module has the equivalency of 10 credits.

Learners are required to complete 6 modules to achieve the 60 credits required to gain the Level 3 Diploma in Health and Social Care. Learners will be expected to attend lectures and workshops that will introduce the subject matter. Formative assessments (weighted at 0%) may be used in lectures or tutorials to check knowledge and understanding of specific topics and subject areas. Units require reflective exam sets and/or summative assessments for marking.

#### QUALIFI Level 3 Diploma in Health and Social Care comprises 6 Units in total.

The Diploma requires 4 Mandatory Units and a minimum of 2 Optional Units

Unit Reference	Mandatory Units	Level	TQT	Credits
HSC301	An Introduction to Health and Social Care	3	100	10
HSC302	Communication for Health and Social Care	3	100	10
HSC303	Promoting Health in the Population	3	100	10
HSC304	Person-Centred Care	3	100	10
Unit Reference	Optional Units	Level	TQT	Credits
HSC305	Understanding Diabetes Care	3	100	10
HSC306	Understanding Stroke Care	3	100	10
HSC307	Understanding Dementia Care	3	100	10

## 4.3 Progression and links to other QUALIFI programmes

Learners completing the QUALIFI Level 3 Diploma in Health and Social Care will allow progress to:

- the QUALIFI Level 4 Certificate in Health and Social Care, or
- the first year of undergraduate study in health and social care; or
- directly into employment in an associated profession.

# 4.4 University exemptions and progression

QUALIFI has exemptions for students to progress to a first year of an Honours degree at a number of Universities.

The pathways are an indication of the student's progress toward a University degree and is based on the University's review of QUALIFI's learning programmes and outcomes. Further information is available here <a href="http://www.QUALIFI.net/learning-pathways/">http://www.QUALIFI.net/learning-pathways/</a>

# 4.5 Recognition of Prior Learning

Recognition of Prior Learning (RPL) is a method of assessment (leading to the award of credit) that considers whether students can demonstrate that they can meet the assessment requirements for a unit through knowledge, understanding or skills they already possess, and so do not need to develop through a course of learning.

QUALIFI encourages centres to recognise students' previous achievements and experiences whether at work, home or at leisure, as well as in the classroom. RPL provides a route for the recognition of the achievements resulting from continuous learning. RPL enables recognition of achievement from a range of activities using any valid assessment methodology. Provided that the assessment requirements of a given unit or Qualification have been met, the use of RPL is acceptable for accrediting a unit, units or a whole Qualification.

Evidence of learning must be valid and reliable. For full guidance on RPL please refer to the QUALIFI's policy document on RPL.

# **5 Equality and Diversity**

QUALIFI recognises that discrimination and victimisation is unacceptable and that it is in the interests of the organisation and its employees to utilise the skills of the total workforce. It is the aim of the organisation to ensure that no employee or other representative of the organisation receives less favourable facilities or treatment (either directly or indirectly) in recruitment or employment on grounds of age, disability, gender/gender reassignment, marriage/civil partnership, pregnancy/maternity, race, religion or belief, sex, or sexual orientation (protected characteristics).

Our aim is that our workforce will be truly representative of all sections of society and each employee feels respected and able to give of their best. We oppose all forms of unlawful and unfair discrimination or victimisation. To that end the purpose of this policy is to provide equality and fairness for all in our employment.

All employees and other related representatives, whether part-time, full-time or temporary, will be treated fairly and with respect. Selection for entry on to learning programmes and selection for employment, promotion, training or any other benefit will be on the basis of aptitude and ability. All employees will be helped and encouraged to develop their full potential and the talents and resources of the workforce will be fully utilised to maximise the efficiency of the organisation.

Our staff will not discriminate directly or indirectly, or harass customers or clients because of age, disability, gender reassignment, pregnancy and maternity, race, religion or belief, sex, and sexual orientation in the provision of QUALIFI's goods or services.

This policy and the associated arrangements shall operate in accordance with statutory requirements, particularly Equality Act 2010 https://www.gov.uk/equality-act-2010-guidance. In addition, full account will be taken of any guidance or Codes of Practice issued by the Equality and Human Rights Commission, any Government Departments, and any other statutory bodies.

The policy document will be monitored and reviewed annually and can be downloaded from our website or contacting QUALIFI.

# 6 Further professional development and training

QUALIFI supports UK and international customers with training related to our qualifications. This support is available through a choice of training options offered through publications or through customised training at your centre.

The support we offer focuses on a range of issues including:

- planning for the delivery of a new programme
- planning for assessment and grading
- developing effective assignments
- building your team and teamwork skills
- developing student-centred learning and teaching approaches
- building in effective and efficient quality assurance systems.

You can request customised training through your registered centre in the first instance. If you need to contact QUALIFI directly:

Our customer service number: +44 (0) 161 818 9904

Or email: <a href="mailto:support@QUALIFI-international.com">support@QUALIFI-international.com</a>

Website: www.QUALIFI.net www.QUALIFI-international.com

# **Appendices**

# **Appendix 1: Unit Descriptors**

#### Unit HSC301: An introduction to Health and Social Care

Unit code: D/615/3823

RQF level: 3

#### Aim

Learners will come to understand what it is like to work in Health and Social Care, the responsibilities in line with maintaining the health and safety and safeguarding rights of individuals in their care. Always being aware of issues around data protection, confidentiality and possibilities for discriminatory practice.

Learners will come to understand the role of regulatory bodies and their impact upon their working lives as well as the monitoring processes in place to ensure the delivery of high quality care.

Learners will begin to examine the many different professionals who may be involved in the delivery of care to an individual, what their roles are and how and where these services are delivered. Potential barriers to inter-professional working and the sharing of information will be covered and the effect this can have on the individual receiving care.

The assessment will be by a written assignment using case studies to give real life scenarios that you may come across in Health and Social care. Each Learning outcome will have a separate case study to allow you to display an in-depth knowledge of each outcome.

#### **Learning Outcomes and Assessment Criteria**

Learning Outcomes. To achieve this unit a learner must:	Assessment Criteria: Assessment of these outcomes demonstrates a learner can:
1.Show understanding of the main roles and responsibilities of Health and Social care workers when delivering care	<ul><li>1.1 Explain how health and social care professionals protect individuals in their care</li><li>1.2 Discuss the mechanisms for reporting poor practice in Health and Social care</li></ul>
2. Show understanding of the importance of regulatory bodies in delivery of high quality care	<ul><li>2.1 Discuss the roles of regulatory bodies that inspect Health and Social care provision.</li><li>2.2 Identify the professional bodies that regulate the professions within health and social care</li></ul>
3. Evaluate the role of the inter- professional team in delivering Health and Social care	3.1 Explain the roles and responsibilities of the inter-professional team in meeting care needs in the case study

3.1 Discuss the difference between multi- disciplinary and inter-professional team working
3.2 Discuss the potential barriers to team working and how they could be overcome.

#### **Indicative Content**

Learners must cover the following topics:

#### 1. Understand the multiple responsibilities of Health and Social care workers:

- What are their organisations policies and procedures?
- Importance of providing dignified personal care
- How to assess needs of individuals and joint care planning with individual and family
- How to Encouraging Independence
- Promoting anti-discriminatory practices
- Empowering Individuals
- How do we ensure safety for both clients and staff?
- Ensuring confidentiality and data protection, codes of practice and legislation.

#### 2. Understand the ways that Health and social care providers are regulated and inspected:

- Care Quality Commission (CQC), National Institute for Health and Care Excellence (NICE) and what they do.
- Professional body regulation e.g. NMC, HCPC etc. and how they work.
- The Organisations role in helping their employees meet standards, implementing codes of practice, CPD etc.

#### 3. Evaluate the role of inter-professional teams:

- What is the difference between inter-professional and multi-disciplinary teams?
- Why do we need inter-professional working and what are the benefits for individuals receiving care?
- Barriers to inter-professional working and how can they be overcome.
- Involving everyone in care decisions, the holistic approach to care delivery.
- Learners must be exposed to the relevant legislations/ resources covering these topic areas

#### **Delivery Guidance**

The course will be delivered by a blended learning approach where students will attend face to face sessions but will also be expected to work independently to research information around the topic areas. Students will need to spend 3 hours a week in face to face classroom activity but an additional 6 – 7 hours per week in directed and independent study activity.

Students can be given access to resources for each of the sessions via a Virtual Learning Environment. This means that students can access resources to study at any time that is convenient to them. They can go back and look at resources used in the classroom and have on-line chats with their study groups and lecturers to enhance deep learning of the topic.

The face to face sessions will be interactive with group activities, peer learning and presentations. On -going assessment of learning via question and answer, quizzes and formative assessments will ensure that learners have understood the topic and are ready to move onto new areas.

Tutors will provide one to one feedback to students on their progress towards summative assessment submission. Feeding back on draft work before final submission.

Students will be encouraged to form study groups to support each other and the VLE will facilitate this remotely.

#### **Assessment Guidance**

This unit will be assessed via a written piece of work. A work book will be used where students are given case studies relevant to each of the learning outcomes and are tasked with answering questions about the case study that will cover the individual assessment criteria. This means that learners will be exposed to real –life scenarios from the Health and Social care profession.

The total word count will be equivalent to 2,500 words and students will be given the marking criteria to show what needs to be achieved to receive higher grades of merit and distinction for their work, this will involve deeper analysis and evaluation of the topics covered in their answers.

#### **Suggested Resources**

www.communitycare.co.uk

www.england.nhs.uk

https://www.nice.org.uk/

www.cqc.org.uk/

Cribb, A. and Gerwitz, S. (2015) Professionalism- Key themes in Health and Social care, Polity Press

Glasby, J. and Dickinson, H. (2008) Partnership Working in Health and Social Care. Polity Press

#### Unit HSC302: Communication for Health and Social Care

Unit code: D/615/3824

RQF level: 3

#### Aim

Being able to communicate effectively is a pre-requisite in any positive interaction, be this with a service user, carer, colleague or external agency. We take communication for granted but in Health and Social care there are many methods of communication which we need to be proficient in.

During this unit learners will look at the variety of methods of communication used within Health and Social care practice. Be able to outline principles of effective communication and how to identify and overcome common barriers to high quality communication.

Learners will also become familiar with the different methods of oral and written communication used, be that in handing over information to colleagues face to face, or by telephone and the benefits and potential weaknesses of each. They will also learn how to produce and present orally via a presentation, this skill is very useful within the Health and Social Care arena. How to present written information in a formal way via care plans, reports etc. will also be covered.

Finally, learners will look at the range of IT innovations within the Health and Social care sector by which service user information can be communicated within the team and to external partners in care. Issues around data protection and confidentiality will be discussed.

#### **Learning Outcomes and Assessment Criteria**

Lea	arning Outcomes. To achieve this unit a	Assessment Criteria: Assessment of these
lea	rner must:	outcomes demonstrates the learner can:
1.	Understand the role of communication in	1.1 Describe the methods used to
	effective Health and Social care practice	communicate in Health and Social care and
		1.2 Discuss the strengths and weaknesses of
		both formal and informal communication
		methods
		1.3 Outline the principles of effective
		communication.
		1.4 Explain potential barriers and how they can
		be overcome.
2.	Be able to communicate information in a	2.1 Discuss the different methods of oral and
	variety of formats	written communication found commonly in
		Health and Social care
		2.2 Produce an oral presentation and deliver to
		an audience at appropriate level
		2.3 Produce a written communication that is
		appropriate for your organisational role
3.	Understand the importance of ICT in	3.1 Discuss the benefits and potential hazards
	communication in Health and Social care	of using technology in communications for
		organisations

3.2 Discuss the benefits and potential hazards of using technology in communications for service users
3.3 Explain the issues around Data protection and how it is implemented in Health and Social care

#### **Indicative Content**

#### 1: Understand the Role of Effective communication in Health and Social Care Practice

- Methods of communication and an understanding of basic models of communication used in Health and Social care.
- Non-verbal, verbal, visual, face to face, formal and informal, vertical and horizontal, internal and external.
- When to choose different communication methods
- Differences between communication channels in large and small organisations
- The strengths and weaknesses of different communication methods
- Principles of effective communication, clarity of message, and language, choice of channel, listening to response

#### 2: Be able to communicate information in a variety of formats

- Styles and methods of oral communication, conversation, formal presentation, discussion groups, case discussions, interviews, formal and informal, adapting communication methods for the audience, the use of non-verbal cues to strengthen the message.
- Producing and delivering a presentation, using appropriate software, producing handouts and answering questions. Show subject knowledge, adapting answers to audience.
- Looking at written styles in Health and Social care, note writing following care intervention, care plans, report writing for case discussions. Letters and e-mails. Formal and informal written communication. Integrating images, tables and graphs into reports.

#### 3: Understand the importance of ICT in communication in Health and Social care

- Use of technology in Health and Social care
- Use of communication technology for benefits of carers and organisations, social media, email, web –sites, presentation software.
- Use of Communication technology for service users with communication needs, communication aids available for various disabilities to promote communication.
- The use of Tele-medicine
- Issues of data protection and confidentiality.

#### **Delivery Guidance**

The course will be delivered by a blended learning approach where students will attend face to face sessions but will also be expected to work independently to research information around the topic areas. Students will need to spend 3 hours a week in face to face classroom activity but an additional 6 – 7 hours per week in directed and independent study activity.

Students can be given access to resources for each of the sessions via a Virtual Learning Environment. This means that students can access resources to study at any time that is convenient to them. They can go back and look at resources used in the classroom and have on-line chats with their study groups and lecturers to enhance deep learning of the topic.

The face to face sessions will be interactive with group activities, peer learning and presentations. On -going assessment of learning via question and answer, quizzes and formative assessments will ensure that learners have understood the topic and are ready to move onto new areas.

Tutors will provide one to one feedback to students on their progress towards summative assessment submission. Feeding back on draft work before final submission.

Students will be encouraged to form study groups to support each other and the VLE will facilitate this remotely.

#### **Assessment Guidance**

The students will be assessed on each of the Learning outcomes in a different way, mirroring the diversity of communication methods used in Health and Social care.

LO1 and linked assessment criteria will be assessed by the production of a short written assignment covering all 4 assessment criteria

LO2 and linked assessment criteria will be assessed by the student, producing and presenting an appropriate 10 min presentation to an audience and answering any related questions, demonstrating knowledge of the subject area. The student will also provide a written report or care plan that has been produced in the work place with appropriate validation from the workplace that this is the students work.

LO3 and linked assessment criteria will be assessed via a professional discussion with the learner carried out by an assessor from the college. Questions used will be standardised and the discussion will be recorded.

#### **Suggested Resources**

McCorry, L.K and Mason, J. (2011) Communication skills for Healthcare Professionals Moss, B. (2015) Communication Skills for Health and Social Care. Sage Publications Taylor, J. (2003) Study Skills in Healthcare. Nelson Thornes

www.RNIB.org.uk

#### **Unit HSC303: Promoting Health in the Population**

Unit code: K/615/3825

RQF level: 3

#### Aim

Promoting Health is the responsibility of everyone who works in Health and Social care. It is also an important government agenda. So how do we as individuals promote the health of our service users and the government promote health within the wider population?

Within this unit we will look at how the government through organisations such as Public Health England try to improve the health of the population, we will look at policies and activities they undertake to improve the health of the nation. We will also look at their role in monitoring the populations health. What factors can affect health and the government's role in trying to reduce these will be discussed.

From an individual's view, we will look at the role of health promotion and some common approaches and models used by practitioners to promote and protect the health of the communities they serve. We will look at how to run a small health campaign and how to overcome barriers to participation.

It may seem strange to look at this area if you currently care for service users with long term conditions but we must as professional always be looking at ways to support our service users to maintain as healthy a lifestyle as possible to minimise development of future health conditions.

# **Learning Outcomes and Assessment Criteria**

Learning Outcomes. To achieve this unit a	Assessment Criteria: Assessment of these
learner must:	outcomes demonstrates the learner can:
1.Examine how public health policy is	1.1 Discuss the process for developing a public
developed to improve the health of the	health policy
population	1.2 Identify the potential groups who can
	influence public health policy
	1.3 Explain how the government monitors the
	health of the nation.
2.Examine factors that can affect health in the	2.1 Discuss the factors affecting health across
population	the nation
	2.2 Discuss the potential benefits of improving
	health across the nation
3. Discuss how Health promotion can influence	3.1 Evaluate two models commonly used in
individuals to adopt healthy lifestyles	health promotion
	3.2 Discuss approaches commonly used to
	increase public awareness.
4. Develop a health promotion event and	4.1 Produce health promotion material for a
analyse its effectiveness	target audience
	4.2 Deliver a small health promotion campaign
	4.3 Analyse any effects of the campaign

#### **Indicative Content**

#### 1: Examine how public Health policy is developed to improve the health of the population

- Identifying and monitoring the health needs of the population
- Identifying and protecting individuals form communicable diseases and environmental issues which could lead to health consequences
- How do we find out the health needs of the population?
- Local and national provision of public health priorities
- Groups who influence policy, government agencies (DoH) Charities and Pressure groups, British Heart foundation (BHF) Diabetes UK, Cancer Research UK etc. The role of World Health Organisation.
- How do we monitor the health of the nation?
- Important reports such as the Black report (1980) and Acheson report (1998) and their continuing impact on public Health policy

#### 2: Examine the factors that can affect health in the population

- Looking at Socio-economic factors, environmental, lifestyle choices
- Links between the above and prevalence of health and ill health in populations
- The positive impact of improved health in populations.
- Looking at case studies of outcomes of improved public health on the nation and individuals
- Quality of life measures and life expectancy

#### 3: Discuss how health promotion can influence individuals to adopt healthy lifestyles

- Models of health promotion: Health belief model, theory of reasoned action, stages of change model
- Approaches to deliver the health promotion messages: Health education, mass media, community involvement, empowerment, role of individuals, national campaigns.

#### 4: Develop a Health promotion event and analyse its effectiveness

- Health promotion material- looking at different types
- Understanding your audience and how to reach them
- Planning a campaign, resources/ time/ publicising
- Running a campaign, gaining feedback from participants
- Follow up and how we can measure effects.
- Potential barriers to participation

#### **Delivery Guidance**

The course will be delivered by a blended learning approach where students will attend face to face sessions but will also be expected to work independently to research information around the topic areas. Students will need to spend 3 hours a week in face to face classroom activity but an additional 6 – 7 hours per week in directed and independent study activity.

Students can be given access to resources for each of the sessions via a Virtual Learning Environment. This means that students can access resources to study at any time that is convenient

to them. They can go back and look at resources used in the classroom and have on-line chats with their study groups and lecturers to enhance deep learning of the topic.

The face to face sessions will be interactive with group activities, peer learning and presentations. On -going assessment of learning via question and answer, quizzes and formative assessments will ensure that learners have understood the topic and are ready to move onto new areas.

Tutors will provide one to one feedback to students on their progress towards summative assessment submission. Feeding back on draft work before final submission.

Students will be encouraged to form study groups to support each other and the VLE will facilitate this remotely.

#### **Assessment Guidance**

LO1 and its linked assessment criteria will be assessed by a short written piece of work (1000 words max) which addresses the assessment criteria.

LO2 and its linked assessment criteria will be assessed by a professional discussion will be held between the student and the lecturer. Standardised questions will be used. Students can bring notes and data to the discussion but they must be used to enhance the discussion. The discussion will be recorded.

LO3 Students will produce a poster on which they will discuss the 2 Health promotion models and how these models can be actioned via various approaches to get the health message across.

LO4 and its linked assessment criteria will be assessed by the students developing and running a small health promotion campaign. Materials produced, feedback gained and an analysis of effectiveness will be produced in a portfolio of evidence.

The four sections will be submitted in a portfolio format.

#### **Suggested Resources**

Naidoo, J. and Wills, J (2016) Foundations for Health promotion (4th Edition). Elsevier Wilson, F. and Mabhala, M. (2009) Key Concepts in Public Health. Sage

https://www.gov.uk/government/organisations/public-health-england

#### Unit HSC304: Person-Centred Care

Unit code: M/615/3826

RQF level: 3

#### Aim

Within this unit learners will look at the role of person centred care in their interactions with service users. They also consider other models of care delivery and discuss their strengths and weaknesses in delivering care needs to different populations of service users. Delivering high quality care is not always easy and we will look at potential ethical issues that could arise and how these could be dealt with.

Learners will develop an understanding of the difficulties of balancing individual autonomy and minimising potential risk to vulnerable service users.

Learners will look at relevant health and social care legislation that impacts upon both those delivering care and individuals receiving care. The role of Government departments and other agencies in producing legislation and guidance and how this affects local policies, procedures and care delivery will be discussed.

#### **Learning Outcomes and Assessment Criteria**

Lea	arning Outcomes. To achieve this unit a	Assessment Criteria: Assessment of these
lea	rner must:	outcomes demonstrates the learner can:
1.	Understand the professional values and	1.1 Compare and contrast person centred care
	attributes of a Health and Social care worker	with one other model of care delivery.
		1.2 Discuss how to promote equality and diversity
		when working with service users
		1.3 Define the personal attributes required in
		Health and Social Care and how they inform
		practice
		1.4 Explain the concept of empathy with links to
		current theories
2.	Explore the ethical issues involved when	2.1 Define ethics with particular reference to
	meeting care needs.	medical ethical principles
		2.2 Identify the ethical issues from the case study
		and discuss how these could be resolved.
3.	Understand the policies and legislation that	3.1 Discuss two pieces of legislation in relation to
	govern health and social care practice	Health and Social care and how they impact
		upon delivery of care
		3.2 Analyse the roles of 2 agencies who provide
		guidance for safe and effective care delivery in
		the health and social care sector.

#### **Indicative Content**

#### 1: Understand the professional values and attributes of a Health and Social care worker

- Models of care, definitions and the aims of each model. Comparing and contrasting models.
- Person centred care what does it mean in Health and Social care practice
- What is equality, diversity and discrimination, definitions, prevention and the care worker's role
- The 6C's of Health and Social Care Workers, definitions
- People skills such as patience, problem solving skills, Communication skills, conflict management skills and negotiating skills.
- What is empathy and why is it important for Health and Social care workers to be empathetic
- Current theories of empathy

#### 2: Explore the ethical issues involved when meeting care needs

- Define Ethics. In particular, cover the principles which relate to interaction with service users. Duty of Care etc.
- Common ethical issues in relation to Health and Social care, balancing services against resources, minimising risk whilst maintaining individual choice, the needs of one against the needs of many. Sharing of information, issues with confidentiality.
- Link the examples to the ethical principles discussed.
- Gain examples from learners and discuss the ethical issues and possible positive outcomes of the situations.

#### 3: Understand the policies and legislation that govern health and social care practice

- Cover the main legislative and policy making departments and organisations that influence
  policies in Health and Social care, NHS, DH, NICE, HSE and their role in influencing Health and
  Social care delivery.
- Look at legislation such as Equality Act 2010, Care Act 2014, Mental Health Act 2007 etc.
- Look at examples of NICE guidance on Care Pathways and care Plans
- Look at HSE guidance on risk assessments
- Discuss how these national guidelines are enacted in individual organisations.

#### **Delivery Guidance**

The course will be delivered by a blended learning approach where students will attend face to face sessions but will also be expected to work independently to research information around the topic areas. Students will need to spend 3 hours a week in face to face classroom activity but an additional 6 – 7 hours per week in directed and independent study activity.

Students can be given access to resources for each of the sessions via a Virtual Learning Environment. This means that students can access resources to study at any time that is convenient to them. They can go back and look at resources used in the classroom and have on-line chats with their study groups and lecturers to enhance deep learning of the topic.

The face to face sessions will be interactive with group activities, peer learning and presentations. On -going assessment of learning via question and answer, quizzes and formative assessments will ensure that learners have understood the topic and are ready to move onto new areas.

Tutors will provide one to one feedback to students on their progress towards summative assessment submission. Feeding back on draft work before final submission.

Students will be encouraged to form study groups to support each other and the VLE will facilitate this remotely.

#### **Assessment Guidance**

The learner would produce an essay covering all the assessment criteria within a piece of work which is around 2000 – 2500 words long. Within the essay students will utilise in text referencing and produce a reference list utilising the Harvard Referencing style.

Students who develop their arguments by analysing and evaluating the information used within the assignment and therefore showing a greater in-depth knowledge of the topic area will gain higher grades than pass.

#### **Suggested Resources**

Cuthbert, S and Quallington, L (2008) Values for Care Practice. Reflect Press

Holland, K and Hogg, C (2010) Cultural awareness in Nursing and healthcare- an introductory text (2<sup>nd</sup> Ed). Hodder Arnold

Kennedy, P. (2013) Key Themes in Social Policy. Routledge.

Cranmer, P. and Nhemachena, J. (2013) Ethics for Nurses: Theory and Practice. Open University

https://www.nice.org.uk/

www.hse.gov.uk/

# **Unit HSC305: Understanding Diabetes Care**

Unit code: T/615/3827

RQF level: 3

#### Aim

Diabetes especially Type 2 Diabetes is a growing Healthcare issue in the UK. Many service users will have diabetes and the associated complications associated with it. This can seriously affect quality of life and in some cases, can lead to the need for limb amputation causing enormous physical and psychological challenges for the service user.

An understanding of the physiology behind the condition, associated complications and associated treatment and care needs will enhance your understanding and care of these service users.

#### **Learning Outcomes and Assessment Criteria**

Learning Outcomes and Assessment Criteria	_
Learning Outcomes. To achieve this unit a learner must:	Assessment Criteria: Assessment of these outcomes demonstrates the learner can:
1. Understand the causes and effects of Type 2 Diabetes	<ul><li>1.1 Discuss the reasons for increase in Type</li><li>2 Diabetes in the population</li><li>1.2 Explain the signs and symptoms of Type</li><li>2 Diabetes</li></ul>
2. Examine the clinical investigations associated with diagnosis of Type 2 Diabetes	2.1 Compare and contrast the clinical investigations associated with diagnosis of Type 2 Diabetes
3. Examine the treatment and support available for service users with Type 2 Diabetes	3.1 Explain the Treatment and support available for service users when initially diagnosed with Type 2 Diabetes  3.2 Discuss the common complications associated with Type 2 Diabetes  3.2 Explain the treatment and support available for service users with long term complications of Type 2 Diabetes.

#### **Indicative Content**

#### 1. Understand the causes and effects of Type 2 Diabetes

- What is Diabetes
- Difference between Type 1 and Type 2 Diabetes
- Causes of Type 2 Diabetes
- Prevalence in population/ potential costs to Health and Social care sector
- Signs and Symptoms of type 2 Diabetes.
- Link signs and symptoms to body physiology

#### 2: Examine the clinical investigations associated with diagnosis of Type 2 Diabetes

- Common investigations associated with Diabetes
- Accuracy of tests

#### 3: Examine the treatment and support available for service users with type 2 Diabetes

- Support available upon initial Diagnosis, support groups, medical and nursing support, Health education.
- Treatment regimes available, lifestyle issues, medication, diet
- The Diabetes 'Team' Vascular surgeon, G.P. Diabetes nurse specialist, Chiropodist etc.
- Complications of poorly controlled Type 2 Diabetes, ulcers, gangrene, limb amputation, sight loss, neuropathy, kidney problems, heart disease etc.
- Treatment options for complications associated with Type 2 Diabetes especially surgical interventions for ischaemic limbs and implications for care.
- Rehabilitation options post -surgery, the role of the rehabilitation team

#### **Delivery Guidance**

The course will be delivered by a blended learning approach where students will attend face to face sessions but will also be expected to work independently to research information around the topic areas. Students will need to spend 3 hours a week in face to face classroom activity but an additional 6-7 hours per week in directed and independent study activity.

Students can be given access to resources for each of the sessions via a Virtual Learning Environment. This means that students can access resources to study at any time that is convenient to them. They can go back and look at resources used in the classroom and have on-line chats with their study groups and lecturers to enhance deep learning of the topic.

The face to face sessions will be interactive with group activities, peer learning and presentations. On -going assessment of learning via question and answer, quizzes and formative assessments will ensure that learners have understood the topic and are ready to move onto new areas.

Tutors will provide one to one feedback to students on their progress towards summative assessment submission. Feeding back on draft work before final submission.

Students will be encouraged to form study groups to support each other and the VLE will facilitate this remotely.

#### **Assessment Guidance**

The Learning outcomes and associated assessment criteria will be assessed by use of a workbook produced by the College which gives the student the opportunity to answer sections as they are covered in the course.

Students will be encouraged to use information gained in class activities as well as resources and from their own investigations to enhance their assignment submission. Students will be expected to reference their work.

Students will be given the marking criteria for the assessment which will show them what is required to gain higher grades within the assessment.

#### **Suggested Resources**

Whettem, E. (2012) Diabetes (nursing and Health survival guides) Routledge

NICE (2011) Diabetes in Adults quality standards. NICE, London

https://www.diabetes.org.uk/

#### **Unit HSC306: Understanding Stroke Care**

Unit code: A/615/3828

RQF level: 3

#### Aim

Many of the service users you care for may have had a stroke – or more correctly a Cerebrovascular accident. It is important to know the causes and effects of the condition if you are to provide quality care.

During this unit, the learners will study the types of Cerebrovascular accidents (CVA) and the symptoms displayed including mobility and speech and swallowing problems. Diagnostic tools utilised in identifying the cause of the CVA will be covered.

Learners will look at the role of acute care in maximising a positive outcome and the longer-term treatment supplied by the rehabilitation team. Measures that could reduce the incidence of CVA will be examined as well as looking at support available for both those following a CVA and their family. Aids to communication will be covered. The benefit of specialised Stroke units in positive outcomes will be discussed.

Assessment will be via workbook with questions/tasks covering all assessment criteria.

#### **Learning Outcomes and Assessment Criteria**

Learning Outcomes. To achieve this unit a	Assessment Criteria: Assessment of these
learner must:	outcomes demonstrates the learner can:
1.Understand the causes and effects of	1.1 Explain the different types of CVA
Cerebrovascular Accident (CVA)	1.2 Discuss the signs and symptoms of left
	sided and right sided CVA.
	1.3 Analyse the reasons for different
	presentations of signs and symptoms with
	regard to physiology of brain
2. Examine the risk factors associated with a	2.1 Discuss the risk factors associated with a
Cerebrovascular accident (CVA) and common	CVA and preventative health measures.
investigations associated with diagnosis.	2.2 Compare and contrast the available
	investigations associated with diagnosis of CVA
3. Examine the treatment and support available	3.1 Describe the acute and long term care post
for service users following a CVA and their	CVA.
families	3.2 Discuss the roles and interventions of the
	rehabilitation team
	3.3Evaluate the effectiveness of care in a
	specialised stroke unit on outcomes.

#### **Indicative Content**

#### 1. Understand the causes and effects of Cerebrovascular Accident (CVA)

- Overview of Cerebrovascular Accidents, definition, prevalence etc.
- Types of CVA (Haemorrhagic and Ischaemic)
- Basic Physiology associated with the two types of CVA
- Signs and Symptoms of CVA Left sided versus right sided
- Mobility problems, paralysis, Speech problems (dysphasia/ Aphasia), Swallowing problems.
- Health Education re recognising Stroke F.A.S.T

# 2. Examine the risk factors associated with a Cerebrovascular accident (CVA) and common investigations associated with diagnosis.

- Risk factors (Diabetes, Hypertension, Atrial Fibrillation etc.) and reducing prevalence, health
  education messages (Normalising BP, Reducing Cholesterol, Healthy diet, Exercise, stopping
  smoking, drinking in moderation) and links to risk factors.
- Role of medication
- Diagnostic tools used in suspected CVA (Blood tests, Carotid Ultrasound, CT Scan, ECG etc.)

•

# 3. Examine the treatment and support available for service users following a CVA and their families

- Acute Care what does research and clinical guidelines say about best practice?
- Long term Rehabilitation, roles of Rehabilitation team, treatment interventions, aids and adaptations.
- Role of specialised Stroke units, evidence of impact on outcomes.
- Support available for those post CVA and their families.
- Quality of Life issues

#### **Delivery Guidance.**

The course will be delivered by a blended learning approach where students will attend face to face sessions but will also be expected to work independently to research information around the topic areas. Students will need to spend 3 hours a week in face to face classroom activity but an additional 6 – 7 hours per week in directed and independent study activity.

Students can be given access to resources for each of the sessions via a Virtual Learning Environment. This means that students can access resources to study at any time that is convenient to them. They can go back and look at resources used in the classroom and have on-line chats with their study groups and lecturers to enhance deep learning of the topic.

The face to face sessions will be interactive with group activities, peer learning and presentations. On -going assessment of learning via question and answer, quizzes and formative assessments will ensure that learners have understood the topic and are ready to move onto new areas.

Tutors will provide one to one feedback to students on their progress towards summative assessment submission. Feeding back on draft work before final submission.

Students will be encouraged to form study groups to support each other and the VLE will facilitate this remotely.

#### **Assessment Guidance**

The Learning outcomes and associated assessment criteria will be assessed by use of a workbook produced by the College which gives the student the opportunity to answer sections as they are covered in the course.

Students will be encouraged to use information gained in class activities as well as resources from their own investigations to enhance their assignment submission. Students will be expected to reference their work.

Students will be given the marking criteria for the assessment which will show them what is required to gain higher grades within the assessment.

#### **Suggested Resources**

Riske, J. and Culver, K. (2016) Stroke: A Nurse Guide to caring for the patient. Nurseology Consultants, LLC.

https://www.nice.org.uk/guidance/cg162/evidence/full-guideline-190076509

https://www.stroke.org.uk/

# **Unit HSC307: Understanding Dementia Care**

Unit code: F/615/3829

RQF level: 3

#### Aim

Dementia is a growing Healthcare issue in the UK. Many service users will have dementia and the associated complications associated with it. This can seriously affect quality of life not only for the service user but for their family and friends. The psychological and physical burden of caring for someone with Dementia is huge.

An understanding of the physiology behind the condition, associated complications and associated treatment and care needs will enhance your understanding and care of these service users.

# **Learning Outcomes and Assessment Criteria**

Learning Outcomes. To achieve this unit a learner must:  1.Understand the causes and effects of Dementia	Assessment Criteria: Assessment of these outcomes demonstrates the learner can:  1.1 Discuss the reasons for increase in Dementia in the population  1.2 Explain the signs and symptoms of
	Dementia
2. Examine the investigations associated with diagnosis Dementia	2.1 Compare and contrast the available investigations associated with diagnosis of Dementia
3. Examine the treatment and support available for service users with Dementia and their families	3.1 Explain the Treatment and support available for service users when initially diagnosed with Dementia 3.2 Discuss the long-term complications associated with Dementia 3.3 Explain the treatment and support available for service users at the end stages of Dementia. 3.4 Explain the support available for families with relatives with end stage dementia

#### **Indicative Content**

#### 1: Understand the causes and effects of Dementia

- What is Dementia?
- Different types of Dementia and their causes (Alzheimer's disease degenerative changes, Vascular Dementia, - atherosclerosis (links to stroke) Lewybody dementia and links to Parkinson's disease etc.
- Prevalence in population/ potential costs to Health and Social care sector

- Signs and symptoms of Dementia- reduced reasoning and communication ability, behaviour changes, difficulty in processing information and altered sleep patterns, reduced mobility and signs of anxiety and depression
- Look at symptoms common to all dementias (confusion and forgetfulness, behaviour changes and mood swings, anxiety, loss of control of bowel and bladder, communication issues)
- Discuss particular additional symptoms which may be present in the distinct types of Dementia
- Make links between signs and symptoms and brain anatomy/ physiology.

#### 2: Examine the investigations associated with diagnosis of Dementia

- Common investigations associated with Dementia
- Accuracy of tests

#### 3: Examine the treatment and support available for service users with Dementia and their families

- Look at the effects of Quality of Life issues for both service user and carers
- Support available upon initial Diagnosis, support groups, medical and nursing support, support available for families
- Potential treatment regimes available, lifestyle issues, medication, diet, exercise and sensory stimulation, aids and assistive technology
- The Dementia 'Team' Geriatrician, G.P. Dementia nurse specialist, Occupational therapist, family, charities
- Safeguarding issues with people who have dementia, Dignity/ Privacy /safety/ ethical issues around autonomy versus safety.
- The course of the disease process, milestones.
- End of Life Care
- Bereavement counselling

#### **Delivery Guidance**

The course will be delivered by a blended learning approach where students will attend face to face sessions but will also be expected to work independently to research information around the topic areas. Students will need to spend 3 hours a week in face to face classroom activity but an additional 6 – 7 hours per week in directed and independent study activity.

Students can be given access to resources for each of the sessions via a Virtual Learning Environment. This means that students can access resources to study at any time that is convenient to them. They can go back and look at resources used in the classroom and have on-line chats with their study groups and lecturers to enhance deep learning of the topic.

The face to face sessions will be interactive with group activities, peer learning and presentations. On -going assessment of learning via question and answer, quizzes and formative assessments will ensure that learners have understood the topic and are ready to move onto new areas.

Tutors will provide one to one feedback to students on their progress towards summative assessment submission. Feeding back on draft work before final submission. Students will be encouraged to form study groups to support each other and the VLE will facilitate this remotely.

#### **Assessment Guidance**

The Learning outcomes and associated assessment criteria will be assessed by use of a workbook produced by the College which gives the student the opportunity to answer sections as they are covered in the course.

Students will be encouraged to use information gained in class activities as well as resources from their own investigations to enhance their assignment submission. Students will be expected to reference their work.

Students will be given the marking criteria for the assessment which will show them what is required to gain higher grades within the assessment.

#### **Suggested Resources**

Earlstein, F. (2016) Dementia, types, diagnosis, symptoms, treatment, causes, neurocognitive disorders, prognosis, research, history, myths and more. NRB Publishing

Andrews, J. (2015) Dementia: The one-stop guide: practical advice for families, professionals and people living with dementia and Alzheimer's disease. Profile Books Ltd

https://www.alzheimers.org.uk

# **Appendix 2: A Guide to Essay Writing**

QUALIFI Ltd provides guides to writing essays and reports in line with expectations at this level of learning.

This guide is available on request through your tutor in the first instance or by emailing: support@QUALIFI-international.com

Essays require a structure with the arguments or topics flowing cohesively through the document in a logical manner in order to create an argument that answers the question asked. If you've prepared a good outline, the resulting written work's structure should develop from that. Reports and Briefing Papers have similar requirements although the logical structure is made explicit through headings and sub-headings.

As you write try to be concise and to the point. Think of the most economical way of putting every point across. Similarly, be as clear as possible. If you don't understand what you have written the chances are that nobody else will either. Try to give the reader a smooth progression from one idea to the next through your work, rather than a series of random, disconnected points. Your writing should lead the reader clearly and naturally to your conclusion.

With this in mind, you should only use bullet points if they are appropriate, i.e. you have an actual list of brief items that are clearly a list. Don't write in bullet points because you think it relieves you of the need for a logically flowing structure.

Avoid the use of jargon unless you are sure what it means. Likewise, don't pepper you work with large, unwieldy words in an effort to sound 'academic.' Using words that you almost (but don't quite) understand fully simply makes you sound silly.

Try to put things in your own terms. There is no sense in regurgitating passages from books or articles that you clearly don't understand, and this in any case carries the risk of committing plagiarism. Nobody wants to see that you have merely read the books; you need to show that you have understood them. A good assignment demonstrates both an understanding of relevant readings and independent thought about a topic.

You should therefore use direct quotations sparingly. Direct quotations should only be used when an author says something utterly unique in a unique and memorable way. Direct quotations are meant to add emphasis and interest to your ideas. They are not meant to be a substitute for your ideas.